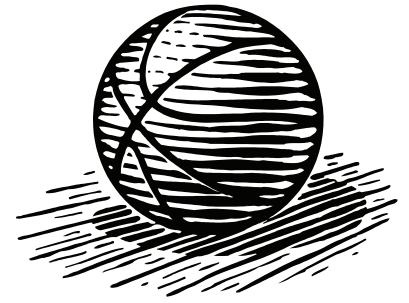


Name _____

FUNDAMENTALS

"Know Your Court"



Find the following places on the court and stand by them:

Sideline

Front Court

**Baseline
Endline**

Back Court

Mid Court Line

High Post

Free Throw Line

Low Post

**Free Throw Lane
aka "The Paint" &
3 sec area**

**Center Jump
Circle**

Wing Area

**Low Block
Box**

Corner

**Top Of The Key
or 'Point'**

Know your positions

G- Guards (PG- 1 - Point guard

SG - 2 - Shooting guard)

F- Forwards (SF - small forward

PF - 4 - power forward)

C- Center - 5